### Who Succeeds And Who Fails: Read Grit



#### Who succeeds and who fails? (Read Grit) by Chad Morris

**★** ★ ★ ★ 4.7 out of 5 Language : English : 2608 KB File size Text-to-Speech : Enabled Enhanced typesetting: Enabled Word Wise : Enabled Print length : 2 pages Lending : Enabled Screen Reader : Supported Paperback : 38 pages Item Weight : 5.3 ounces

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In her book Grit, Angela Duckworth argues that the key to success is not talent or intelligence, but grit. Grit is a combination of passion, perseverance, and hard work. It's the ability to stick to something, even when it's difficult or unpleasant.

Duckworth has conducted extensive research on grit, and she has found that it is a significant predictor of success in many different fields, including academics, business, and sports. Grittier people are more likely to achieve their goals, even if they don't have the most talent or intelligence.

So, what makes someone gritty? Duckworth has identified four key traits:

1. **Passion:** Gritty people are passionate about their goals. They love what they do, and they're willing to put in the hard work to achieve

them.

- 2. **Perseverance:** Gritty people are persistent. They don't give up easily, even when they face obstacles.
- 3. **Hard work:** Gritty people are hard workers. They're willing to put in the effort to achieve their goals.
- 4. **Resilience:** Gritty people are resilient. They bounce back from setbacks and keep going.

If you want to be successful, it's important to develop grit. The good news is that grit is a skill that can be learned. Here are a few tips for developing grit:

- Set challenging goals for yourself. When you set challenging goals, you're more likely to push yourself to achieve them.
- Don't give up easily. When you face obstacles, don't give up. Keep trying, and eventually you'll overcome them.
- Put in the hard work. Success doesn't come easy. You have to be willing to put in the hard work to achieve your goals.
- Bounce back from setbacks. Everyone experiences setbacks. The important thing is to not let them get you down. Learn from your mistakes and keep moving forward.

Grit is not a magic bullet, but it is a powerful tool that can help you achieve your goals. If you're willing to develop grit, you'll be more likely to succeed.



""Grit is the key to success. It's not about being the smartest or the most talented. It's about having the passion, perseverance, and hard work to achieve your goals." - Angela Duckworth"

Read Grit today and learn how you can develop the grit you need to succeed.

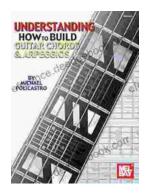


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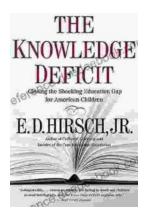
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