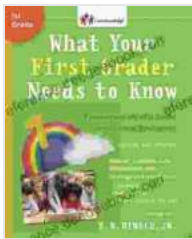


# What Your First Grader Needs to Know: A Comprehensive Guide for Parents

The first grade is a time of great growth and change for children. They are entering a new world of formal education, and they are beginning to develop their own unique personalities and interests. As a parent, it is important to be aware of what your first grader needs to know in order to succeed in school and in life.



## What Your First Grader Needs to Know (Revised and Updated): Fundamentals of a Good First-Grade Education (The Core Knowledge Series) by E. D. Hirsch

★★★★☆ 4.7 out of 5

Language : English  
File size : 178453 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 711 pages



## Academic Skills

The academic skills that your first grader needs to know include:

- **Reading:** Your first grader should be able to read simple texts, including stories, poems, and nonfiction articles. They should also be able to recognize and sound out unfamiliar words.

- **Writing:** Your first grader should be able to write simple sentences and short stories. They should also be able to spell common words and use correct grammar.
- **Math:** Your first grader should be able to count to 100, add and subtract simple numbers, and measure objects.
- **Science:** Your first grader should be able to identify and describe common objects in the natural world, such as plants, animals, and rocks.
- **Social studies:** Your first grader should be able to identify and describe the different roles that people play in society, such as teachers, doctors, and firefighters.

## **Social Skills**

The social skills that your first grader needs to know include:

- **Making friends:** Your first grader should be able to make friends and play with others. They should also be able to resolve conflicts peacefully.
- **Following instructions:** Your first grader should be able to follow instructions from adults and peers.
- **Cooperating:** Your first grader should be able to cooperate with others in group activities.
- **Being responsible:** Your first grader should be able to take care of their belongings and complete tasks independently.
- **Empathy:** Your first grader should be able to understand and share the feelings of others.

## Emotional Development

The emotional development that your first grader needs to know includes:

- **Self-awareness:** Your first grader should be able to identify their own feelings and needs.
- **Self-regulation:** Your first grader should be able to control their emotions and behavior.
- **Resilience:** Your first grader should be able to bounce back from setbacks and challenges.
- **Optimism:** Your first grader should be able to have a positive outlook on life.
- **Motivation:** Your first grader should be able to set goals and work towards them.

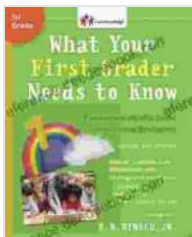
## How to Help Your First Grader Succeed

There are many things that you can do as a parent to help your first grader succeed in school and in life. Here are a few tips:

- **Read to your child every day.** Reading is one of the most important things that you can do to help your first grader develop their academic skills.
- **Talk to your child about what they are learning in school.** This will help them to understand and retain the information they are being taught.
- **Encourage your child to play with other children.** Play is an important way for children to develop their social skills.

- **Help your child to set goals and work towards them.** This will help them to develop their self-motivation and resilience.
- **Be positive and supportive of your child.** This will help them to develop a positive self-image and a strong sense of self-worth.

The first grade is a time of great growth and change for children. By providing your first grader with the academic skills, social skills, and emotional development they need, you can help them to succeed in school and in life.



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