

# The Manual of Psychedelic Support

The Manual of Psychedelic Support is a comprehensive guide to harm reduction and integration for psychedelic experiences. Written by a team of experienced psychedelic therapists, the Manual provides practical advice and support for individuals preparing for, experiencing, and integrating psychedelic experiences.



## The Manual of Psychedelic Support by Jon Hanna

★★★★☆ 4.6 out of 5

Language : English

File size : 336423 KB

Screen Reader : Supported

Print length : 234 pages



## What is the Manual of Psychedelic Support?

The Manual of Psychedelic Support is a 250-page guide that covers all aspects of psychedelic support, from harm reduction to integration. The Manual is divided into three sections:

1. **Preparation:** This section provides guidance on how to prepare for a psychedelic experience, including choosing a setting, dosage, and mindset.
2. **Experience:** This section provides support for individuals during a psychedelic experience, including how to manage challenging experiences and navigate the psychedelic landscape.

3. **Integration:** This section provides guidance on how to integrate the insights and experiences from a psychedelic experience into daily life.

### **Who is the Manual of Psychedelic Support for?**

The Manual of Psychedelic Support is for anyone who is interested in learning more about psychedelics, whether they are considering a psychedelic experience or have already had one. The Manual is also a valuable resource for psychedelic therapists, harm reduction workers, and other professionals who work with individuals who are using psychedelics.

### **What are the benefits of using the Manual of Psychedelic Support?**

The Manual of Psychedelic Support can help individuals to:

- Reduce the risks associated with psychedelic use
- Have a more positive and meaningful psychedelic experience
- Integrate the insights and experiences from a psychedelic experience into daily life

### **How can I order the Manual of Psychedelic Support?**

The Manual of Psychedelic Support is available for purchase on the website of the Multidisciplinary Association for Psychedelic Studies (MAPS).

The Manual of Psychedelic Support is a valuable resource for anyone who is interested in learning more about psychedelics. The Manual provides practical advice and support for individuals preparing for, experiencing, and integrating psychedelic experiences. Whether you are considering a psychedelic experience or have already had one, the Manual of

Psychedelic Support can help you to have a more positive and meaningful experience.



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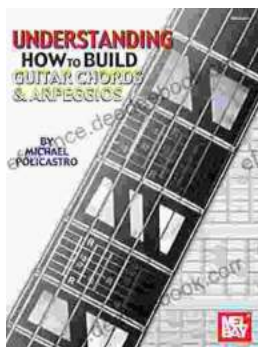
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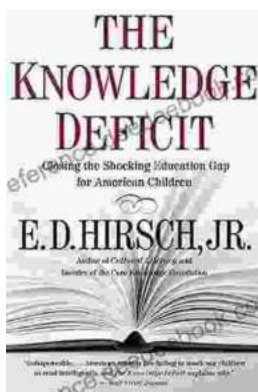
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